



WALKING-IN-YOUR-SHOES®



Are you looking for clarity about self-defeating patterns or core beliefs that hold you back in life? Do you wonder how to access a direct experience of transformation and empowerment for yourself or your clients?

WALKING-IN-YOUR-SHOES®

2-day Workshop

“Clarity and Transformation”

with WIYS co-founder Joseph Culp

June 15-16, 2018

For psychologists, therapists, life coaches, facilitators, business leaders, human resource, creative artists, and health care practitioners.

THE TRANSPERSONAL “WALKING” METHOD IS A CUTTING-EDGE TECHNIQUE FOR EMPOWERMENT, SOMATIC RESOURCING AND TRANSFORMATION.

This in-depth workshop will introduce you to the groundbreaking WIYS® body/mind processing technique that combines **empathy, movement, and representative perception** to help reveal your hidden obstacles and empower you to live your highest potential. This powerful tool will expand your work with clients and your own personal and professional growth.



WALKING-IN-YOUR-SHOES®

- Family Systems • Romantic Relationships •
- Ancestors • Life Purpose •
- Optimal Attachment • True Self •
- Money & Success • Creative Arts •
- Health, Illness & Recovery • Business •
- Trauma Processing & Healing •

WALKING-IN-YOUR-SHOES® is a powerful and highly effective sensorimotor processing technique used to access hidden information, transform obstacles, and gain personal empowerment for your life (*Journal of Humanistic Psychology*, 1993). By tuning into the body's intuitive wisdom, WIYS helps you gain deeper understanding about any issue such as a family member, ancestor, relationship, animal, illness, business, or personal subject, with safety and compassion. WIYS increases empathic awareness through movement leading to enhanced empathy, mindfulness, and somatic resourcing. This process developed in the U.S. in the 1980s by psychologist John Cogswell, PhD, and actor/director Joseph Culp.

HOW IS WALKING-IN-YOUR-SHOES® DONE?

In a group setting, under the guidance of a WIYS® facilitator, the Walker chooses a subject and tunes into the wisdom of the body through movement, describing in detail—both physically and verbally—the insights he/she intuitively receives. The Walker can explore the inner experience, gifts, life themes and core issues of any person or subject. “Walking” allows you to break out of limiting core beliefs and empowers you to live your full potential. This simple yet profound technique is widely used by psychologists, therapists, life coaches, mediators, business leaders, artists and performers, and health care practitioners all over the world. WIYS Institutes are currently located in [U.S.](#) and [Germany](#).

A portrait of Joseph Culp, a man with dark hair, looking slightly to the right. The background is dark and out of focus.

WIYS® Embodiment Process benefits include:

- Increased Intuition, Compassion and Empathy
- Accessing the Knowing Field
- Somatic Resourcing Through Felt Sense
- Whole Brain Integration
- Healthy Attachment/Autonomy
- Clearly Seeing the Next Step
- Embodied Transformation/Empowerment

Don't miss this special opportunity to work with WIYS co-founder Joseph Culp for an intensive 2-day empathic embodiment workshop.

[JOSEPH CULP](#) is an actor, director and filmmaker, working in theatre, film and television for over 35 years. Joseph co-founded the WIYS® body/mind process with psychologist John F. Cogswell, Ph.D. in the late 1980s. He formed the Walking Theatre Group to explore the use of WIYS in dramatic arts. Together with Dr. Cogswell, he developed WIYS® over a 20 year period for use in psychotherapy, coaching, creative arts, business, and community renewal. He founded the WIYS Institute® of America and has personally introduced hundreds of people to WIYS®, and trained many therapists and facilitators who have made WIYS® part of their practice and life work. He teaches and trains facilitators in both U.S. and Europe.

www.josephculp.com

www.wiys-institute.com